



70 Luther St, Peaks Island, ME 04108
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207.939.6045

MIKCo COURSE INFORMATION

MIKCo COURSE MEETING PLACE & DIRECTIONS

We meet on our beach, located 100 yards North of the Peaks Island Ferry Terminal, which is next to an old dark brown shingled boathouse. If walking on the streets, turn down the hill at the gas station. If we know you are on a particular ferry, we will meet you immediately to the left as you get onto the island.

GENERAL INFORMATION ABOUT MIKCO TRIPS & COURSES

Gulf of Maine Weather: Air temps will be 70s to 80s, water temps are in the low 60s. Usually winds are from the South and build during the day, sometimes requiring early morning launching. On average we have a day of rain per week. Some seasons Maine can be foggy, but otherwise humidity is moderate. Bugs should be minimal.

Medical Emergencies: Our coaches and guides are trained in basic first aid and carry limited supplies. As we are off the beaten path, medical backup may easily take hours to more than a day to reach us. You must let us know of any special medical conditions, restrictions or concerns, such as diabetes or allergies to foods or insects, weak shoulders or back, to allow us to insure the entire group's safety. You must bring your own prescription medicine.

Low Impact: We practice and preach a serious level of minimal impact action. It's different, important, and fun. Many of the outer islands are sensitive, tundra-like ecosystems requiring a light step. We use portable toilets and remove solid human waste.

Fresh Water: We carry all of our drinking water with us as few of the islands have reliable fresh water.

FOOD & BEVERAGES

We provide lunch on our Courses.. MIKCO serves healthy home made foods such as fresh fish, fresh vegetables, baked goods, pastas, and grains. We are able to accommodate some special needs, but you must let us know well beforehand of any allergies or critical preferences. You should bring a water bottle for when we are paddling.

GEAR AND CLOTHING INFORMATION

Bring plenty of "poly" type clothing, fleece jacket, wool sweater, long underwear, and extra changes of clothing, especially for the end of the day. You may bring as much of your own kayaking gear as you like. We have available all necessary gear including kayaks, paddles, safety gear, life jackets, paddle jackets, and wetsuits.

IF YOU'RE CONSIDERING A NEW KAYAK OR GEAR

For those of you looking for a new kayak or equipment, MIKCO carries or features some of the finer ocean kayaks built by Nigel Dennis Kayaks (NDK), Tiderace (TR), Valley Canoe Products (VCP), and Necky. Have a look at our retail website: <http://ndkna.com/>